



## 2025 Journey to India

The Main Tour and Taj Mahal Segment

March 16-27, 2025

- Detailed Itinerary -

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# Keralam

Keralam, South India

AyurSoma Ayurveda Royal Retreat

## Overview

Day 1:	Arrival: check-in, 9:30a Opening Ceremony, Ayurveda consults & treatments
Day 2:	Normal Daily Schedule + Siva Hindu Temple Excursion (sunset)
Day 3:	Normal Morning Schedule + Backwaters Boat Tour (morning)
Day 4:	Normal Daily Schedule
Day 5:	Normal Morning Schedule + Attukal Devi Kali Temple (morning)

## Normal Daily Schedule

7:00 – 9:00a	Yoga with Vanessa or Peter @ main Yoga Hall (next to Ayurveda Centre)
9:00 – 5:00p	Breakfast, Ayurveda treatments, lunch, free time, beach walks, shopping, nap
7:00 – 8:30p	Group dinners, live Indian music & dance under stars
8:30p – 9:30p	Restorative Yoga @ main Yoga Hall (next to Ayurveda Centre)

## Daily Schedules

### Day 1 Sunday, March 16

#### **Arrival Day: Check-in, Group Orientation, Ayurveda Consult + Treatment**

Upon arrival	Transport to AyurSoma, check in at reception - reception is open 24 hrs
8:00a – 9:30a	Arrival, breakfast, get settled in your room
9:30a – 10:30a	Group opening ceremony, main Yoga Hall near Ayurveda Centre
10:30a – 7:00p	Explore, Ayurveda consultation and first treatments, lunch, nap, free time
7:00p – 9:00p	Group dinner, live cultural programs

Day 2 Monday, March 17

**Normal Daily Schedule + Siva Hindu Temple Excursion at 5:00 pm**

7:00 – 9:00a	Yoga with Vanessa or Peter @ main Yoga Hall (next to Ayurveda Centre)
9:00 – 10:00a	Breakfast
10:00a – 5:00p	Explore, Ayurveda treatments, lunch, free time, beach walks, nap, shopping
5:00p – 6:30p	<b>Aazhimala Siva Temple + Ganesha puja:</b> meet at reception at 5:00 pm, dress respectful, ladies please cover legs and shoulders, walk the beach to temple
7:00p – 9:00p	Dinner, live cultural programs

Day 3 Tuesday, March 18

**Modified Schedule: Backwaters Jungle Boat Excursion**

6:30 – 8:00a	Yoga with Vanessa or Peter @ main Yoga Hall (next to Ayurveda Centre)
8:00a – 9:00a	Breakfast
9:00a – 12:00p	<b>Backwaters Jungle Boat Excursion:</b> be at reception at 8:45a; wear cool clothing; sun hat and sunglasses are advised. Optional: wear a swim suit to jump in the Arabian Sea! There is no changing room.
12:00p – 7:00p	Lunch, explore, Ayurveda treatments, free time, beach walks, nap, shopping
7:00p – 9:00p	Dinner, live cultural programs

Day 4 Wednesday, March 19

**Normal Daily Schedule (No excursion)**

7:00 – 9:00a	Yoga with Vanessa or Peter @ main Yoga Hall (next to Ayurveda Centre)
9:00 – 10:00a	Breakfast
10:00a – 7:00p	Explore, Ayurveda treatments, lunch, free time, beach walks, nap, shopping
7:00p – 9:00p	Dinner, live cultural programs

Day 5 Thursday, March 20

**Modified Schedule: Attukal Devi Kali Temple Excursion**

6:30 – 8:00a	Yoga with Vanessa or Peter @ main Yoga Hall (next to Ayurveda Centre)
8:00a – 9:00a	Breakfast
9:00a – 12:00p	<b>Attukal Devi Kali Temple Excursion:</b> be at reception at 8:45a; dress respectfully, ladies please cover legs and shoulders, men long pants, 45-min bus drive to temple in Trivandrum.
12:00p – 7:00p	Lunch, explore, Ayurveda treatments, free time, beach walks, nap, shopping
7:00p – 9:00p	Dinner, live cultural programs



# Varanasi

Varanasi, Uttar Pradesh, North India

Radisson Varanasi Hotel

## Overview

Day 6: **Travel Day:** Keralam to Varanasi | Radisson Varanasi Hotel  
Day 7: **Varanasi:** Ganges and Varanasi tour / rest at hotel / Ganga aarti

## Daily Schedules

### Day 6 Friday, March 21

#### **Travel Day: Kerala to Varanasi**

3:30a Have luggage tagged & ready, leave your doors open, staff will carry to bus  
3:45a Be on the bus! Depart for TRV Airport for flight to Varanasi  
7:25a - 2:55p TRV-VNS flights, 4-hr layover in Bangalore, meet Kuldeep & Ritu at VNS  
Upon arrival: Private bus to Varanasi Radisson Hotel, check-in  
5:00p - 6:30p Dinner at Radisson Varanasi Hotel restaurant

### Day 7 Saturday, March 22

#### **Varanasi: Sunrise Ganges Puja, Old Varanasi Tour, Cremations, Aarti**

5:00a Meet in hotel lobby for bus transport to Ganges River  
6:00a - 10:00a Tour Ganges via row boat: our guide's name is DJ; morning sunlight puja, walk old city, wear layers for cool weather, closed walking shoes  
10:00a - 3:00p Return to hotel for brunch and rest  
3:00p Meet again in hotel lobby for transport to Ganges River  
4:00p - 7:00p Ganges rowboat tour of cremations; Ganga Aarti; wear layers for cool weather, closed walking shoes  
7:00p - 8:30p Dinner at Radisson Hotel restaurant  
8:30p Early check out at front desk



## Jaipur

Jaipur, Rajasthan, North India

Shahpura House Heritage Hotel

### Overview

Day 8: **Travel Day:** Varanasi to Jaipur  
Day 9: **Jaipur: Amber Fort, Hawa Mahal, Monkey Temple**  
Day 10: **End of Main Tour:** flights home for those not attending Taj Mahal Segment

### Day 8 Sunday, March 23

#### **Travel Day: Varanasi to Jaipur**

8:00a – 9:00a Bring bags to lobby, breakfast buffet  
9:00a Meet in the hotel lobby, ID your bags  
9:30a Board bus, leave for VNS airport for flight to Jaipur  
1:00p – 5:00p Flight: VNS to JAI, 90-min layover in DEL airport  
6:00p – 7:00p Bus transport and check-in to Shahpura House Heritage Hotel  
7:30p - 9:00p Dinner at hotel restaurant

### Day 9 Monday, March 24

#### **Jaipur: Amber Fort, Hawa Mahal, Monkey Temple**

6:30 – 8:00a Breakfast at hotel restaurant  
8:00a Meet in hotel lobby to board bus  
9:00a – 12:00p Hawa Mahal stop and photos. Tour Amber Fort and heritage sites with a guide.  
12:00p - 2:00p Lunch at specialty restaurant  
2:00p – 5:00p Tour Monkey Temple with guide  
7:30p – 9:00p Dinner at hotel restaurantt

**Day 10:** *Main Tour ends.*



## Taj Mahal Segment

Agra, North India

Radisson Agra Hotel

### Overview

Day 10: **Travel Day:** Bus transport from Jaipur to Agra  
Day 11: **Agra: Taj Mahal tour, Agra Fort & Palace tour**  
Day 12: **Travel Day:** Bus transport from Agra to Delhi and flights home

### Day 10 Tuesday, March 25

**Travel Day:** Jaipur to Agra

8:00a – 9:30a Breakfast at hotel restaurant  
10:00a Meet in hotel lobby with luggage, check out, settle individual room bills  
11:00a – 4:30p Bus transport and check-in to Radisson Agra Hotel  
7:00p - 8:30p Dinner at hotel restaurant

### Day 11 Wednesday, March 26

**Agra: Taj Mahal, Agra Fort and Mughal Palace**

6:00a Meet in hotel lobby for bus to Taj Mahal  
7:00a - 9:30a Tour of Taj Mahal with our guide Anu  
10:00a - 11:30a Brunch at hotel restaurant  
2:30p Meet in hotel lobby for bus to Agra Fort  
3:00p - 6:00p Tour Agra Fort and Mughal Emperor's Palace  
7:00p - 8:30p Dinner at hotel restaurant

### Day 12 Thursday, March 27

**Travel Day: Agra to Delhi**

8:00a – 10:00a Breakfast at hotel restaurant  
10:00a – 11:30a Hotel checkout, settle individual room bills  
11:30a Meet in hotel lobby with luggage, board bus  
12:00a – 5:00p Bus transport to Delhi (5 hrs)  
5:00p Bus drops guests at Delhi Airport (DEL) for final departure